



Home Care Matters

By Skin Studio Professional Estheticians

Cleanser: Apply dime size to damp skin and massage over face and neck. Rinse with warm water. Cleanse twice at night (especially for acne-prone or oily skin), 1 minute each (2 minutes total). The 1st wash removes excess oil, dirt, make-up & impurities. The 2nd wash cleanses deep into pores. Cleanser can be used alone or mixed with a facial scrub. Use A.M. and P.M.

Exfoliation: Gently polish away dead skin cells to leave your skin feeling smooth. Exfoliation also helps aid in better absorption of products. Apply to clean, damp skin or mix in with your cleanser and gently massage over face and neck. Depending on your skin conditions, use at least once a week. Don't forget to exfoliate the crease of your nose, temples, and under jaw line!

Toner: This step hydrates, balances and preps skin. Spray evenly over the face and neck used throughout the day to refresh your skin. Do not let the toner dry! Apply serum on damp skin.

Serum: Super concentrated ingredients, depending on the concentration can increase hydration level, firm skin, improve skin texture, clear the skin, and prevent signs of aging. Depending on the serum, it can be used in the morning, and/or at night. Use before moisturizer and after a toner (toner should not dry when applied). Toner, serum, moisturizer.

Moisturizer: Apply moisturizer right after the serum to the face and neck using upward strokes. Morning moisturizer must have (at least) SPF 15 or use a separate sun protection cream. Depending on moisturizer concentration, it can provide extra hydration, nourishment, firming & protects against environmental aggressions. Use A.M. and P.M. Don't forget neck and chest!

Mask: Depending on the mask, it can increase hydration, promote firming, reduce sensitivity, deep clean, and/or provide multiple vitamins & antioxidants. Apply a thin layer to a clean face and neck for 10-15 minutes (1-2 times per week). Use a mask after cleansing and exfoliating your skin, but before all other products. After you rinse off the mask, apply the rest of your regimen in the proper order.

Eye Care: Eye cream improves and prevents fine lines, and hydrates. Gently tap a small amount around the eye area, in a 'C' shape along the outer corners of the eye. Can use A.M and P.M.

You're on the way to beautiful & healthy skin!

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